Course Title: Substance Abuse/Addictions Counseling

Course Number: CNDV 5326

Course Section: 2022_Spring_CNDV_5326_L01,L02

Department: Counseling and Special Populations

Professor: Dr. Steve Lackey, PhD, LPC-S, LCDC

Office Hours/Link: By Appointment

LU Email: sllackey@lamar.edu

Phone: 409-880-8978

The purpose of this course is to provide students with an understanding of substance abuse counseling. The course is designed to examine theories and techniques of drug and alcohol counseling, sources of help and information in the field, methods of drug and alcohol counseling, assessment, and program planning. Both theory and the practical application of drug and alcohol counseling will be explored through lectures, class discussions, readings, writings, and projects. Ethical and legal issues, contemporary trends, and application of drug and alcohol counseling models to a variety of populations in school and community settings will be explored. The basic purpose of this course is to provide counseling students with an introduction to the primary group counseling theories; essential knowledge and skills related to group counseling; and an understanding of group leadership and process.

Virtual Office Hours

The Instructor will be available for questions and answers by during a weekly webinar. The instructor will post times and days for virtual office hours and the weekly webinar in the course “Getting Started” area. The day and time for the webinar will also be posted on the “Getting Started” page along with login information. Although the web conference is not mandatory, due to the nature of the new terminology and concepts in this course, it is highly recommended. The web conferences will be recorded each week and available to all students in the Webinar section of the “Getting Started” page.
You have all key information available to you off-line, it is highly recommended that you print the following items for your reference:

- This Syllabus
- Instructor and Course Support Information

Catalog Description

This course provides counselors and other human service workers with an overview and etiology of the addictive process. Students will develop conceptual knowledge, practical skills, and assessment strategies including the use of wraparound assessment and intervention services within a behavioral health setting. Pre-requisites: Admission to the Lamar Counseling Program.

Objectives

COURSE OBJECTIVES

- To provide learning activities that align with professional standards for culturally competent leadership in group work
- To promote evidence-based practices for highly trained counselors who understand the therapeutic value, the design, and the implementation of counseling groups.

Outcomes

COURSE OBJECTIVES   Learning Outcomes and Competencies

<table>
<thead>
<tr>
<th>Learning Outcomes</th>
<th>TAC</th>
<th>Related Assignments</th>
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<tbody>
<tr>
<td>At the completion of this course, students will be able to:</td>
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1. Analyze the societal costs of addictions and substance abuse over time.
   - Discussion 1
   - Application Assignments 1
   - Final Assignment

2. Demonstrate an understanding of the history of substance abuse and addictions counseling, including development of associated legislation and laws.
   - Discussion 1
   - Application Assignment 1
   - Final Assignment

3. Define and understand the terminology commonly associated with chemical dependency.
   - Discussion 2
   - Application Assignment 2
   - Final Assignment
| 4 | Describe the major effects of depressants, stimulants, cannabinoids, hallucinogens, opioids, and inhalants on the human brain and biological and physiological processes of the body. |
| 5 | Analyze and discuss the major medical issues and diseases that are either caused by or exacerbated by substance addiction |
| 6 | Describe the genetic, biological, environmental, social, psychological, and philosophical influences of addiction. |
| 7 | Evaluate the main differences between the various models of addiction counseling. |
| 8 | Evaluate the etiological differences between subgroups that impact the development and maintenance of substance abuse disorders |
| 9 | Analyze and apply the diagnostic criterion and distinguishing features between substance dependence and abuse. |
| 10 | Analyze and discuss ethical issues inherent in substance abuse counseling |
| 11 | Understand the procedures and process for assessment and diagnosis of substance disorders. | • Discussion 3  
• Application  
Assignment 3  
• Final Assignment |
|---|---|---|
| 12 | Describe the various dynamics of relapse and prevention and be able to structure a treatment plan that incorporates these concepts. | • Discussion 4  
• Application  
Assignment 4  
• Final Assignment |
| 13 | Understand special needs and recommendations for individuals with dual diagnoses and/or polysubstance abuse. | • Discussion 5  
• Final Assignment |
| 14 | Analyze and apply the main techniques, strategies, or approaches of common treatment options for substance addiction. | • Discussion 5  
• Final Assignment |
| 15 | Analyze the various issues that can impact a family when a family member has an addiction such as, but not limited to, family dynamics, family roles, homeostasis, boundaries, and relationships. | b.1.19,  
c.2.4,  
c.2.5,  
e.4.1,  
e.4.5,  
e.4.7  
• Discussion 4  
• Application  
Assignment 4  
• Final Assignment |
| 16 | Evaluate the different types of relapse prevention models/programs along with their associated pros and cons. | • Final Assignment |
| 17 | Explain the risk and protective factors that impact different populations, including, but not limited to, children; adolescents; adults; the elderly; women; men; lesbian, gay, bisexual, and transgendered (LGBT) people; people with disabilities; and different ethnic groups. | b.1.6,  
b.1.7,  
b.1.10,  
b.1.16,  
e.4.1,  
e.4.2,  
e.4.3  
• Discussion 5  
• Final Assignment |
Course Materials

ACADEMIC PREREQUISITES

Admission to the Lamar Academic Partnerships Program. All students must maintain a GPA of 3.0 in the course and in the Graduate Program.

REQUIRED TEXTBOOKS


You may purchase the texts or e-texts through the Lamar Bookstore at https://lamar.bncollege.com

They continue their price matching program and will provide your texts at competitive pricing.

Educators’ Code of Ethics Link:

https://texreg.sos.state.tx.us/public/readtac$ext.TacPage?

Customer Care Contact Information

Email the Customer Care team: bookstorecustomercare@bncollege.com

Call the Customer Care team: 1-844-9-EBOOKS (1-844-932-6657)

Questions? Contact your Bookstore Manager

SM250@bncollege.com

Course Policies

Nota Bene:
This is a distance education course. In order to complete this course successfully, you will need access to a computer and the Internet on a daily basis. Even though this is a Blackboard only course, it is expected that this course will include significant interaction between the instructor and the students, between the students and the content, and students and students. This includes discussion postings and responses, webinars, virtual office hours, and emails.

**COURSE STRUCTURE**

This course is presented in a five-module format. Each module has three weeks' work and includes readings from assigned texts on the topic, video lectures from professors, discussion with your colleagues, and assignments for you to apply the concepts discussed in each week. A Final Project, introduced in Module 1, will culminate by Week 14 of Module 5. There is a comprehensive Final Exam that will be taken in Week 15 of Module 5. It is important to review the syllabus. All course materials and due dates at the onset of the course.

**WEBINARS**

The professor will present information in the first week of each module on the current module’s assignments, discussion board, progress monitors, as well as answer questions about the current module’s content and assignments. Attendance at all Webinars is not mandatory but it is STRONGLY recommended that students attend due to the nature of the new terminology and concepts in this course. The Webinar will be recorded for each module will be available in Collaborate Ultra.

**INSTRUCTIONAL ASSOCIATES**

Each course section is led by a professor and an instructional associate (IA). You will receive a welcome e-mail from your Instructional Associate (IA) which includes contact information. Please contact your IA with any questions related to the course process. The IA/coach serves a very important role for you and for us. We have found them to be “coaches and “encouragers” to students. In the subject line, put your name, IA’s name, and section when sending an email. Questions related to course content should be directed to your professor for resolution. Be sure to copy the IA on any emails sent to the professor about assignments or grades. Often students have the same question. When this is the case, we collect the questions and post a general response in the announcements or on the course discussion board. However, if your issue is not resolved, contact the course instructor directly.

**RESPONSE TIMES**

The course instructor will respond to student emails within 24-48 hours.

**NOTE.** Your Final Project due in Week 14 of Module 5 is the Key Assessment for this course. As such, the Final Project must be uploaded to Blackboard before the end of Week 14 of Module 5. Failure to submit the Final Project on the due date may result in a 10% penalty per day up to one letter grade.

**PARTICIPATION**

You are expected to participate in all online discussion activities with correct English usage, accurate spelling, APA writing rules, and standard grammar. Students are expected to post a initial response to the discussion questions by day 4 and maintain a thread of discussions throughout the week as you respond to colleagues by Day 6.

Points will be given for:

- Following the rubric timeline and quantity of posts to discussion questions
- Offering ideas or resources and inviting a review of them based on readings;
- Learning and using APA citations within the discussion to enrich your position;
- Articulating, explaining and supporting positions on ideas;
- Exploring and supporting issues by adding explanations and examples;
- Reflecting on and re-evaluating personal opinions based on readings;
- Offering a review, challenging, discussing and expanding ideas of others;
- Negotiating interpretations, definitions, and meanings;

**CLASSROOM MANAGEMENT POLICIES**

Emergency Procedures
Many types of emergencies can occur on campus; instructions for severe weather or violence/active shooter, fire, or chemical release can be found at:  http://www.lamar.edu/about-lu/administration/risk-management/index.html. Following are procedures for the first two:

**Severe Weather:**
- Follow the directions of the instructor or emergency personnel.
- Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside.
- If you are in a multi-story building, and you cannot get to the lowest floor, pick a hallway in the center of the building.
- Stay in the center of the room, away from exterior walls, windows, and doors.

**Violence/Active Shooter (CADD):**

1. CALL - 8-3-1-1 from a campus phone (880-8311 from a cell phone). Note: Calling 9-1-1 from either a campus phone or cell phone will contact Beaumont City Police Dispatch rather than University Police.
2. AVOID - If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.
3. DENY - Barricade the door with desks, chairs, bookcases or any other items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it is safe.
4. DEFEND - Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.

**Technology**

Students must have adequate computer and internet capability to complete this class. Failure to submit coursework according to the due dates because of technology difficulties will not be an appropriate excuse. It is the student’s responsibility to maintain appropriate equipment and connection at all times to fully participate in the class. Directions and tutorials to Blackboard are available to assist navigation through the courseware. Watch the CNDV Student Orientation found in your Bbd queue for assistance.

**Academic Dishonesty/Integrity:** Lamar University expects all students to engage in academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in their academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. SafeAssign will be used in the course.

**Evaluation and Grading**

You are expected to complete and turn in assignments on time. Any late assignments may be subject to a penalty of 10% per day. Acceptance of any late assignments is at the instructor’s discretion. Documentation may be required. Due to the nature of the discussion board assignments, late posts will not be allowed.

**Sexual Harassment**

It is the policy of the university that no faculty or staff member, student or contractor, may sexually harass any guest or visitor on the campus or any member of the university community, including faculty, staff and students. Such acts will not be tolerated either on campus or at Lamar University programs off campus. Any faculty, staff or student will be subject to disciplinary action for violation of this policy.

**DISABILITY ACCOMMODATIONS**

Lamar University is committed to providing equitable access to learning opportunities for all students. Office staff collaborates with students who have disabilities to provide and/or arrange reasonable accommodations. If you have, or think you may have, a disability (e.g., mental health, attentional, learning, chronic health, sensory, or physical), please contact the Disability Resource Center (DRC) at 409-880-8347 or drc@lamar.edu to arrange a confidential appointment with the Director of the DRC to explore possible options regarding equitable access and reasonable accommodations.
The DRC is located in the Communication Building, Room 105. The staff can be reached by mail at P.O. Box 10087, Beaumont, TX 77710. If you are already registered with DRC and have a current letter requesting reasonable accommodations, we encourage you to contact your instructor early in the semester to review how the accommodations will be applied in the course.

If you have a disability, there may be issues of access to Distance Education classes and to your participation that should be explored as early as possible. Please e-mail the basic information requested (name, student ID#, course abbreviation/number/section, and requested academic adjustments and/or accommodations.) and you will be contacted by someone from DRC about your specific accommodation needs.

DROP

It is the student’s responsibility to verify official registration for the course. To receive a full refund, students much drop by the THIRD day of the course. If at any point, the student decides not to participate in this course, it is the student’s responsibility to officially drop or withdraw from enrollment. Failure to drop properly will result in a failing grade. Email recordsluacademicpartnerships@lamar.edu as this is the email for the Online Academic Partnerships program.

COURSE EVALUATION

At the conclusion of this course, you will be asked to complete the evaluation survey regarding: (a) the presentation of coursework, (b) the content of coursework, and (c) the delivery of the coursework. This is sent to your Lamar email account from Lamar University. Please check your Lamar email often.

SYLLABUS SUBJECT TO CHANGE

While information and assurances are provided in this course syllabus, it should be understood that content may change in keeping with new research and literature and that events beyond the control of the instructor could occur. Students will be informed of any substantive occurrences of syllabus changes.

COURSE REQUIREMENTS AND ASSIGNMENTS (All course assignments must be submitted in APA format using APA style writing)

It is very important that you keep up with the assigned readings, lectures, and activities. All assignments, including weekly discussions must adhere to the American Psychological Association (APA) style 6th edition guidelines (APA, 2010).

Evaluation

COURSE STRUCTURE

CNDV 5326 is structured in five modules, each of which contains three weeks of readings and assignments. Modules 1-4 each have an Application Assignment, a Discussion Board assignment, and an Article Critique assignment. Module 5 is slightly different in that it contains a Discussion Board assignment, a Final Project assignment, and a comprehensive Final Exam, which are due in Module 5.

APPLICATION ASSIGNMENTS (200 Points)

For each of the modules, you will submit assignments where you will demonstrate your understanding of the concepts learned. Detailed instructions, along with the scoring guide to be used in assessing the assignments are included in the Assignment section of each module. You may use the articles recommended or select a similar article from the Lamar Library. Each of the first four modules (50 points for each of Modules 1-4), you will submit an assignment where you will demonstrate your understanding of the concepts learned. Some assignments will demonstrate your mastery while others may contribute to a course project. Detailed instructions, along with the scoring guide to be used in assessing the assignment are included in the Assignment section of each weekly module. All course assignments must be submitted in APA format.

ARTICLE CRITIQUES (200 points)

In each of Modules 1-4 you will submit a 3- or more page critique of the assigned article using related reading and materials in support of your critique.

The Critique must include all five criteria:

1. 1. Introduction and summary of the article
2. Major strengths in the article.
3. Major weaknesses or gaps in the article
4. Two areas to consider in the practice of substance abuse counseling
5. Personal reflection and conclusion

The critique must also use APA formatting, as portrayed in the Article Critique Template, and employ APA writing rules.

DISCUSSIONS (300 points)

The exchange of ideas among colleagues engaged in scholarly inquiry is a key aspect of graduate-level learning and is a requisite activity in this course.

Requirements: You are expected to participate at least 3 separate days a week in the weekly discussion area. Discussion topics/questions are provided in the Discussion Board area. In addition, you are expected to respond to three of your fellow students’ postings. To count as participation, responses need to be thoughtful; that is, they must refer to the week’s readings, relevant issues in the news, information obtained from other sources, and/or ideas expressed in other class members’ postings. Where appropriate, you should use references to support your position. Each Discussion Board assignment has at least one discussion question. The discussion questions require an original response (which includes at least one APA reference) and responses to at least 3 other students’ postings on separate days.

Initial postings for the discussion board are due by Day 4 in the week due, and responses are due by Day 6. It is important to adhere to the assigned time frame to allow others ample time to respond to your posting. You may post peer responses before your main post. Responding to an Instructor’s post may count for one peer response. Discussions will be graded according to the Discussion Posting and Response Rubric. Due to the nature of these assignments, late discussion posts are not allowed.


FINAL EXAM (100 Points)

For this course, you will have a 50-item comprehensive exam covering all course content.

FINAL ASSIGNMENT (200 points)

For the final assignment, you will write a nine-ten (9-10) page research paper that demonstrates your understanding of and ability to articulate the substance abuse counseling and recovery process. This is your key assessment. Please upload to Blackboard. It will be submitted into the Final Project portal in Week 14.

GRADING PROCESS

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points Per Week</th>
<th>Total Course Points</th>
<th>Percentage of Total Course Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Discussion Board (Modules 1-5)</td>
<td>60 points for each of five modules</td>
<td>300</td>
<td>30 %</td>
</tr>
<tr>
<td>Application Assignments (Modules 1-4)</td>
<td>50 points for each of four modules</td>
<td>200</td>
<td>20%</td>
</tr>
<tr>
<td>Journal Article Critiques (Modules 1-4)</td>
<td>50 points for each of four modules</td>
<td>200</td>
<td>20%</td>
</tr>
<tr>
<td>Final Exam</td>
<td>100 points</td>
<td>100</td>
<td>10%</td>
</tr>
</tbody>
</table>
Institutional Policies

Academic Honesty Policy

Lamar University expects all students to engage in academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in their academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action.

The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion, and the abuse of resource materials.

All persons involved in academic dishonesty will be disciplined in accordance with University regulations and procedures. Discipline may include failure of the assignment and/or course up to suspension or expulsion from the university. The penalty may vary by instructor.

Additional information is available on the Academic Policy website (https://students.lamar.edu/academic-support/academic-policies.html).

Course Drop Policy

Students may drop a course and receive a grade of "Q" during the penalty-free period of the semester or session. For drops after this penalty-free period, grades are recorded as "Q" or "F," indicating the student was passing or failing at the time of the drop. A grade of "Q" may not be assigned unless an official drop has been processed through the Records Office. Students may drop a course online up to the census day by logging into Self-Service Banner. After the census day, courses must be dropped through the Records Office. For additional help, contact the academic advisor or the Records Office at registration@lamar.edu. Students may not drop a course during the last 20 percent of the term. Students should check the academic calendar at https://www.lamar.edu/academic-calendar for specific dates.

Students with Disability Policy

Lamar University is committed to providing equitable access to learning opportunities for all students. The Disability Resource Center (DRC) is located in the Communication building, room 105. Office staff collaborate with students who have disabilities to provide and/or arrange reasonable accommodations.

If you have, or think you may have, a disability (e.g. mental health, attentional, learning, chronic health, sensory, or physical), please contact the DRC at 409-880-8347 or drc@lamar.edu to arrange a confidential appointment with the Director of the DRC to explore possible options regarding equitable access and reasonable accommodations.

If you are registered with the DRC and have a current letter requesting reasonable accommodations, we encourage you to contact your instructor early in the semester to review how the accommodations will be applied in the course.

Additional information is available at the DRC website (http://www.lamar.edu/disability-resource-center/).

Academic Support
Academic Support can be located at https://www.lamar.edu/students/#acad-supp.

There are many areas (i.e. Advising, Writing Center, etc.) of academic support. Each area provides their own specific contact information and days and hours of operation.

Student Services

Lamar University recognizes that students may experience challenges that hinder success in their academics and/or college experience. We believe in giving all students access to resources that allow them to overcome these challenges. If you are struggling with stress, procrastination, anger management, depression, anxiety, substance abuse and/or eating disorders, please reach out to our counseling professionals at the Student Health Center at 880-8466 to call for an appointment or visit our website https://www.lamar.edu/students/student-engagement/student-health-center/index.html for more information about our services.

Students who face challenges securing food or housing, tuition and/or books and believes this may affect their performance in the course is urged to contact the LU Strong program. The program is located in the Setzer Student Center, Room 230 at 409-880-8458 or at lustrong@lamar.edu. Furthermore, please notify your professor if you are comfortable in doing so. This will enable them to provide any additional resources they may possess.

Your information and situation will be treated with the utmost privacy and is protected by Texas law. These services are available to all currently enrolled students at Lamar University and Lamar Institute of Technology.

Information on Student Services can be located at http://students.lamar.edu/index.html. There are many resources (i.e. Course schedules, important phone numbers, etc.) available. Each area provides their own specific contact information and days and hours of operation.

Academic Continuity Policy

In the event of an announced campus closure in excess of four days due to hurricane or other disaster, students are expected to check Lamar University’s website and login to LU Connect for instructions about continuing courses remotely.

Emergency Procedures

Many types of emergencies can occur on campus; instructions for severe weather or violence/active shooter, fire, or chemical release can be found at the Office of Environmental Health/Safety and Risk Management (https://www.lamar.edu/about-lu/administration/risk-management/index.html) webpage.

Severe Weather

Follow the directions of the instructor or emergency personnel.

Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside.

If you are in a multi-story building and you cannot get to the ground floor, pick a hallway in the center of the building.

Stay in the center of the room, away from exterior walls, windows, and doors.

Violence/Active Shooter

CALL - 7777 from a campus phone (Text 409-241-8002 from a cell phone). Note: Calling 911 from either a campus or cell phone will contact the City of Beaumont dispatch rather than the LU police.

AVOID - If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.

DENY - Barricade the door with desks, chairs, bookcases or any other items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it is safe.

DEFEND - Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.
Copyright Policy Statement

Copyright is defined as the ownership and control of the intellectual property in original works of authorship which are subject to copyright law. As an institution of higher learning that values intellectual integrity, Lamar University prohibits the distribution of published materials (print or electronic) in violation of copyright law.

LU Connect Portal

Students are asked to obtain a Lamar Electronic Account username and password so they can log onto the LU CONNECT website. Students may get information on how to get into the LU CONNECT website from the University's homepage (http://www.lamar.edu) by clicking on the LU CONNECT link on the left top corner of the screen. Follow the steps to secure your LU CONNECT username and password.

LU Learn/Blackboard Learning Management System (LMS)

Students will utilize the Lamar University’s Learning Management System (LMS), Blackboard, for online courses.

For Blackboard technical support go to https://blackboardsupport.lamar.edu.

Phone: 866-585-1738

Phone and chat are available 24/7/365

Exams and quizzes taken within LULearn (Blackboard) may require online proctoring. Lamar University uses Proctorio for online proctoring. For additional information about online proctoring click here (https://www.lamar.edu/lu-online/student-support-services-quick-links/index.html#proctoring-services) and view details under proctoring services.

Network Use

ACCEPTABLE USE

Students must respect the integrity and security of Lamar University computer systems and network, and the privacy and preferences of other users. Responsibility for learning about and complying with Lamar University Acceptable Use Policy ultimately rests with the individual. The network may be used to download, copy, or store any software, shareware, digital media files or freeware, as long as the use complies with copyright law licensing agreements, and campus policies, such as storage space limitations and network bandwidth restrictions. The network may not be used for any activity, or to transmit any material, that violates United States or local laws.

UNACCEPTABLE USE

The network may not be used for commercial purposes. Advertising and sponsorships on Lamar University websites is restricted. In addition, students may not permit other persons to use their usernames, passwords, accounts or disk space, or disclose their usernames, passwords or account information to any third party. Students may not log on to someone else’s account, internet address, or other network codes, or attempt to access another user’s files. Students may not create false or dummy accounts to impersonate someone else. Students may not try to gain unauthorized access (“hacking”) to the files or computer systems of any other person or organization. Students may not impersonate another person by forging e-mail, web pages or other electronic media. Students who maliciously access, alter, delete, damage or destroy any computer system, computer network, computer program, or data will be subject to disciplinary action by Lamar University, and criminal prosecution as well. Students may not disrupt or attempt to disrupt network traffic, and they may not attempt to monitor or capture network traffic in any way. Finally, students may not intentionally create, store, display, print or transmit information that violates the university’s Sexual Harassment Policy.

Netiquette (Online Etiquette) Statement

Please adhere to the same standards of behavior and professional respect online that you would follow in face-to-face communication with others, but most particularly when writing email and when taking part in collaborative and discussion board activities. Lamar provides access to network resources, including the Internet, in order to support learning and to prepare students for the 21st century world. Students, however, are expected to adhere to the Lamar University Acceptable Use Policies when Using Networks. More comprehensive student code of conduct can be found at https://students.lamar.edu/academic-support/code-of-conduct.html.

GENERAL GUIDELINES TO RESPECT ALL PARTICIPANTS
- Respect the right of each person to disagree with others.
- Treat people the same as you would face-to-face.
- Respect the time of others.

GUIDELINES WHEN COMMUNICATING WITH OTHERS (EMAIL, DISCUSSIONS, BLOGGING, AND ETC.)

- Always sign your name to any contribution you choose to make.
- Be constructive in your responses to others in the class.
- Do not use all caps (Doing so may be interpreted as shouting).
- Re-read your postings before sending them.
- Always think before you write.
- Respond respectfully.
- Use appropriate grammar and structure.
- Spell-check your postings.
- Use short paragraphs focused on one idea.
- Use appropriate business language at all times.

Technical Support

Technical Support can be located at [http://students.lamar.edu/it-services-and-support/index.html](http://students.lamar.edu/it-services-and-support/index.html).

Phone: 409-880-2222
Email: servicedesk@lamar.edu

Hours of Operation (CST):
Monday - Thursday 7:30 a.m.-12:00 a.m.
Friday 7:30 a.m. - 7:30 p.m.
Saturday 9:00 a.m. - 6:00 p.m.
Sunday 3:00 p.m. - 12:00 a.m.

Attendance Verification

Students must complete an Attendance Verification Quiz for ALL COURSES - both on-campus and online - in which they are enrolled each term by the third class day to comply with U.S. Department of Education attendance requirements. Failure to complete this quiz by the deadline may result in loss of course enrollment and/or financial aid. The quiz is located in EVERY COURSE through LULearn (Blackboard) even if the course meets on campus.

COVID-19 Statement

Lamar University returns to the 2021-2022 academic year after a pandemic that lasted more than 15 months. We will open for business without requirements for masks, vaccination requirements, or social distancing, as announced by Governor Abbott on July 29. However, for the health and safety of all concerned we encourage all faculty, staff, and students to take advantage of the free vaccines (available throughout the region and at the Student Health Center) as soon as possible. We strongly recommend that everyone continue to practice good personal hygiene practices including regular handwashing and/or use of hand sanitizing products when soap and water are not readily available. Please show respect to those who choose to practice social distancing measures and wear face coverings.

Everyone is asked to continue to self-screen for any signs or symptoms of COVID-19. Please seek medical attention if you begin to feel ill. Members of the Lamar community share significant and unrelenting responsibilities. As members of the larger world community, we have not only the opportunity but the duty to develop and to exhibit a sense of social responsibility. We are responsible for each other and each of us must do what we can to protect our Lamar family and to remember that we have especially vulnerable populations among us (i.e., Lamar community members with chronic illnesses or disabilities, children, and factors that predispose many to respiratory ailments). As we look out for one another, our choices are of the utmost importance.

Should state or federal guidelines change, we will provide updates as soon as practicable.
The Fall course will begin on Tuesday, January 18 and end Sunday, May 10, 2022

Module 1 - Weeks 1-3: Tuesday, January 18 – Sunday, February 6, 2022

Module 2 – Weeks 4-6: Monday, February 7 – Sunday, February 27, 2022

Module 3 Weeks 7-9: Monday, February 28 – Sunday, March 20, 2022

Week 8 Spring Break March 14 – 18, 2022

Module 4 Weeks 10-12: Monday, March 21 – Sunday, April 10, 2022

Module 5 Weeks 13-15: Monday, April 11 – Sunday, May 2, 2022

<table>
<thead>
<tr>
<th>Topics</th>
<th>Readings and Lectures</th>
<th>Assignments/Discussions</th>
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<tbody>
<tr>
<td><strong>Module 1</strong></td>
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<tr>
<td>Foundational Principles of Substance Abuse</td>
<td>Readings: Stevens &amp; Smith Chapters 1, 2, &amp; 13</td>
<td>Module 1 Journal Article Critique: Submit by 11:59 pm Day 7 of Week 1.</td>
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<td>Discussion 1: Submit initial post by Day 4 of Week 2 and all responses by Day 6 of Week 2. Go to Module 1 for Discussion prompt.</td>
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<td>Assignment 1: Submit by 11:59 pm Day 7 of Week 3, Module 1. Go to Module 1 for Assignment template and instructions.</td>
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<td>Work on Final Project. Due Week 14, Module 5.</td>
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<td>Journal Article for Critique</td>
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<td></td>
<td>Lecture: View and read lectures/videos</td>
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<td><strong>Module 2</strong></td>
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<tr>
<td>Module</td>
<td>Readings</td>
<td>Journal Article for Critique</td>
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<tr>
<td>Module 2</td>
<td>Stevens &amp; Smith Chapters 3, 4, &amp; 14</td>
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<tr>
<td>Module 3</td>
<td>Stevens &amp; Smith Chapters 5, 6, &amp; 7</td>
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<td>Module 4</td>
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<tr>
<td>Journal Article for Critique</td>
<td>Discussion 4: Submit initial post by Day 4, Week 11, and all responses by Day 6, Week 11, Module 4.</td>
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<td>Lecture: View and read lectures/videos</td>
<td>Assignment 4:Submit by 11:59 pm Day 7, Week 12, Module 4.</td>
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<td>*Also read supplemental articles in the &quot;Resource&quot; section and view other supplemental resources provided in the resource section.</td>
<td>Module 4 Work on Final Project. Due Week 14 Mod. 5.</td>
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| Module 5 | Cultural Issues and Issues Related to Special Populations | Readings: Stevens & Smith Chapters 11 & 12 | Discussion 5: Submit initial post by Day 4, Week 13, and all responses by Day 6, Week 13, Module 5. |
|---------------------------------|---------------------------------------------|-------------------------------------------------|
| No Journal Article Critique | Final Assignment: Submit by 11:59 pm Day 7, Week 14, Module 5. Upload to Blackboard. |
| Lecture: View and read lectures/videos | Final Exam: Submit by 11:59 pm Day 7, Week 15, Module 5. |
| *Read supplemental articles in the "Resource" section and view other supplemental resources provided in the resource section. | Complete Course Evaluation by 11:59 pm Day 7, Week 15, Module 5. |

Course Bibliography


Books and Articles

**Counseling - general information, issues and skills:**


**Assessment:**


**Family Issues:**


**Addiction and Recovery:**


*Intervention:*


*Video*


*Movies about Substance Abuse:*


### Suggested Movies with Substance Abuse Themes

<table>
<thead>
<tr>
<th>Barfly</th>
<th>Gia</th>
<th>Requiem for a Dream</th>
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<tbody>
<tr>
<td>Basketball Diaries</td>
<td>High Art</td>
<td>Rush</td>
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<td>Blow</td>
<td>Kids</td>
<td>Spun</td>
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<td>The Boost</td>
<td>Leaving Las Vegas</td>
<td>Studio 54</td>
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<td>Broken Vessels</td>
<td>Less than Zero</td>
<td>Thirteen</td>
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<td>Cat on a Hot Tin Roof</td>
<td>Life as a House</td>
<td>Traffic</td>
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<td>Clean and Sober</td>
<td>Narc</td>
<td>Trainspotting</td>
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<td>Days of Wine and Roses</td>
<td>Nowhere</td>
<td>28 Days</td>
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<tr>
<td>The Doors</td>
<td>Party Monster</td>
<td>21 Grams</td>
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<td>Drugstore Cowboy</td>
<td>Pay It Forward</td>
<td>When a Man Loves a Woman</td>
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<td>Easy Rider</td>
<td>Permanent Midnight</td>
<td>Who’s Afraid of Virginia</td>
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<td>Fear and Loathing in Las Vegas</td>
<td>Pulp Fiction</td>
<td>Woolfe?</td>
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### Additional Items