### Abnormal Human Behavior

**CNDV-5350**

**Meeting Times**

<table>
<thead>
<tr>
<th>Course Title</th>
<th>Abnormal Human Behavior (Abnormal Psychology)</th>
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</thead>
<tbody>
<tr>
<td>Course Number</td>
<td>CNDV 5350</td>
</tr>
<tr>
<td>Course Section and Info</td>
<td>Online</td>
</tr>
<tr>
<td>Department</td>
<td>Counseling</td>
</tr>
<tr>
<td>Professor</td>
<td>M. K. Hamza, Ph. D., L. P., MSM, MCSPham, ABMP</td>
</tr>
<tr>
<td>Office Hours/Link</td>
<td>TBA/by appointment/ Mondays-Fridays</td>
</tr>
<tr>
<td>Faculty Advising Date/Time/Link</td>
<td>Office: ED 236</td>
</tr>
<tr>
<td></td>
<td>Phone: 409-880-8920</td>
</tr>
<tr>
<td>Contact Information:</td>
<td><a href="mailto:hamzamk@lamar.edu">hamzamk@lamar.edu</a>, Please email me to set a time for meeting if needed.</td>
</tr>
</tbody>
</table>

### Contact Information

| Contact Information:          | [hamzamk@lamar.edu](mailto:hamzamk@lamar.edu), Please email me to set a time for meeting if needed. |

### Catalog Description

A study of various symptom categories in psychopathology. The course will include an analysis of the diagnostic categories as well as the research concerning etiology and treatment. Prerequisites: Approval of instructor or 12 semester hours of CNDV coursework

### Course Objectives

**COURSE OBJECTIVES**

Students who successfully complete this course will be able to:

1. Produce [quality graduate work](#), behaviors, and outcome
2. Conduct performance per professor, graduate and college’s expectations.
3. Learn to be a problem solver, critical thinker, and explore learning in a constructive manner.
4. Identify etiologies and diagnoses based on symptoms presented
5. Identify and learn about diagnoses using the DSM5
6. Evaluate potential for suicide risk and risk assessment plans related
7. Devise treatment plans based on diagnoses
8. Identify involvement of family in treatment
9. Recognize professional issues biases and stigma of mental disorders
10. Differentiate between mental health diagnoses and developmentally appropriate reactions
11. Distinguish legal and ethical considerations in presented cases
12. Understand the role CNS role plays in normal and abnormal psychology of humans
13. Understand Affective Disorders and as related to normal and abnormal behaviors
14. The role of Psychopharmacology in treating abnormal behaviors and disorders
15. The role neuroscience plays in understanding humans abnormal psychology and behaviors

Requires high level of performance, ample time into learning concepts and theories, and application of those learning concepts into diagnosis and treatment per course content and instructional team directives.

Student Learning Outcomes

STUDENT LEARNING OUTCOMES

- Learning outcomes at the graduate level of performance and quality production
- Learning to identify etiologies, diagnoses, and treatment plans based on DSM 5
- Ability to conduct a suicide risk assessment
- Ability to devise treatment strategies for systematic diagnoses using DSM5
- Ability to apply legal and ethical considerations in presented cases
- Ability to understand the CNS, Affective Disorders, and Psychopharmacology.
- Ability to learn about human psychopathology and abnormalities.

Course Materials

Abnormal Psychology: A Scientist-Practitioner Approach --by Authors:

Deborah C. Beidel, University of Central Florida

Cynthia M. Bulik, University of North Carolina, Chapel Hill

Melinda A. Stanley, Baylor College of Medicine

Pearson ISBN: 9780135570500 for EText and/or book

*Revel can be purchased/leased from Pearson but check with your instructor

(Optionalal per Instructor)

Course Policies

COURSE STRUCTURE

This course is presented in an intensive five-week format. Each week includes readings from assigned texts on the topic, video lectures from professors, discussion with your colleagues, and assignments for you to apply the concepts discussed in each week. A Final Project Steps 1, 2 and 3, introduced in Week 1 will culminate by Week 5. A FINAL EXAM IS REQUIRED. It is comprehensive and
covers all content in this course. It is important to review the syllabus, all course materials and due dates at the onset of the course.

Proper Communications and Professionalism

Please adhere to the directives, communications, and suggestions found in these two documents:


**2. Refer to Online Etiquette document in the course.

***3. Refer to the Student Misconduct document.

SYLLABUS SUBJECT TO CHANGE

While information and assurances are provided in this course syllabus, it should be understood that content may change per professor discretion. Hence, in keeping with new research and literature and that events beyond the control of the instructor could occur, and that may also result in changes to the course content or syllabus. Students will be informed of any information or substantive occurrences of syllabus changes. Syllabus may change per the discretion of the instructional team or professor and as deemed appropriate and necessary.

COURSE REQUIREMENTS AND ASSIGNMENTS (All course assignments must be submitted in APA format) following the rubric and instructor.

It is very important that you keep up with the assigned readings, lectures, and activities. All assignments, including weekly discussions must adhere to the American Psychological Association (APA) style 7th edition or later editions guidelines (APA, 2020).

CLASSROOM MANAGEMENT POLICIES

Emergency Procedures

Many types of emergencies can occur on campus; instructions for severe weather or violence/active shooter, fire, or chemical release can be found at: [http://www.lamar.edu/about-lu/administration/risk-management/index.html](http://www.lamar.edu/about-lu/administration/risk-management/index.html). Following are procedures for the first two:

Severe Weather:

- Follow the directions of the instructor or emergency personnel.
- Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside.
- If you are in a multi-story building, and you cannot get to the lowest floor, pick a hallway in the center of the building.
- Stay in the center of the room, away from exterior walls, windows, and doors.
Violence/Active Shooter (CADD):

1. CALL - 8-3-1-1 from a campus phone (880-8311 from a cell phone). Note: Calling 9-1-1 from either a campus phone or cell phone will contact Beaumont City Police Dispatch rather than University Police.
2. AVOID - If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.
3. DENY - Barricade the door with desks, chairs, bookcases or any other items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it is safe.
4. DEFEND - Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.

Technology

Students must have adequate computer and internet capability to complete this class. It is your responsibility to make sure your IT issues are working properly. Failure to submit coursework according to the due dates because of technology difficulties will not be an appropriate excuse. It is the student’s responsibility to maintain appropriate equipment and connection at all times to fully participate in the class. Directions and tutorials to Blackboard are available to assist navigation through the courseware. Watch the CNDV Student Orientation found in your Bb queue for assistance.

Academic Dishonesty/Integrity: Lamar University expects all students to engage in academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in their academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. May earn an F for the assignment or the course, and may be directed to LU proper department and committee with recommendation for dismissal from the program or the course. SafeAssign will be used in the course. Plagiarism, cheating, using others’ work, your prior work, duplication of your work will result in a 0 point, F grade, possible dismissal, and you will be directed to the college/university committees for disciplinary action.

Evaluation and Grading

You are expected to complete and turn in assignments on time. Due to the nature of the discussion board assignments, late responses will not be allowed.

Any late assignments will be subject to a penalty of 10%+ per day and per IA and Professor discretion. No exception. Acceptance of any late assignments, if any, is at the instructor’s discretion. Full documentation showing the reason and history of the medical emergency/or any emergency is required for consideration but does not guarantee an approval.

Sexual Harassment

It is the policy of the university that no faculty or staff member, student or contractor, may sexually harass any guest or visitor on the campus or any member of the university community, including faculty, staff and students. Such acts will not be tolerated either on campus or at Lamar University programs off campus. Any faculty, staff or student will be subject to disciplinary action for violation of this policy.

DISABILITY ACCOMMODATIONS

Lamar University is committed to providing equitable access to learning opportunities for all students. Office staff collaborates with students who have disabilities to provide and/or arrange reasonable accommodations. If you have, or think you may have, a disability (e.g., mental health, attentional, learning, chronic health, sensory, or physical), please contact the Disability Resource Center (DRC) at
409-880-8347 or drc@lamar.edu to arrange a confidential appointment with the Director of the DRC to explore possible options regarding equitable access and reasonable accommodations. If you need accommodations, you must notify your professor and IA first class with proper documentations.

The DRC is located in the Communication Building, Room 105. The staff can be reached by mail at P.O. Box 10087, Beaumont, TX 77710. If you are already registered with DRC and have a current letter requesting reasonable accommodations, we encourage you to contact your instructor early in the semester to review how the accommodations will be applied in the course.

If you have a disability, there may be issues of access to Distance Education classes and to your participation that should be explored as early as possible. Please e-mail the basic information requested (name, student ID#, course abbreviation/number/section, and requested academic adjustments and/or accommodations.) and you will be contacted by someone from DRC about your specific accommodation needs.

DROP
It is the student’s responsibility to verify official registration for the course, and to drop prior to drop due date. To receive a full refund, students much drop by the THIRD day of the course. No drop approval will be issued if you are in the penalty phase. Review and check with LU drop dates and the department. If at any point, the student decides not to participate in this course, it is the student’s responsibility to officially drop or withdraw from enrollment. Email registration luacademic@lamar.edu Failure to drop properly will result in a failing grade.

Accreditation Standards
None.

Grading and Assignments

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points Per Week</th>
<th>Total Course Points</th>
<th>Percentage of Total Course Grade</th>
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<tbody>
<tr>
<td>Discussion Board</td>
<td>20 points each week for five weeks</td>
<td>100</td>
<td>10 %</td>
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<tr>
<td>Application</td>
<td>75 points each week for four weeks</td>
<td>300</td>
<td>30%</td>
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<tr>
<td>Assignments</td>
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<tr>
<td>Final Project</td>
<td>200 total points.</td>
<td>200</td>
<td>20%</td>
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<tr>
<td>Final Exam</td>
<td>400 total points.</td>
<td>400</td>
<td>40%</td>
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<tr>
<td>Topics</td>
<td>Readings and Lectures</td>
<td>Assignments/Discussions</td>
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<tr>
<td><strong>Week 1:</strong></td>
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<td></td>
<td>Read and/or view materials in “Getting Started”. Review the syllabus carefully and adhere to its instructions.</td>
<td>Assignment 1: Submit by no later than 11:00 pm Day 7 (see note above). Go to Week 1 for Assignment template and instructions.</td>
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<td>Familiarize yourself with the course and the components that we will be using in the course. Read syllabus carefully.</td>
<td>Discussion 1: Submit initial post by Day 4, and respond to 2 classmates by Day 6. Go to Week 1 for Discussion prompt.</td>
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<td></td>
<td>View and read lectures - (in Week 1)</td>
<td>Review Instructions for Final Project. Due Week 5. Go to Week 5 and Resources for more details.</td>
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<tr>
<td></td>
<td>Lecture: Abnormal Human Behavior-Legal and Ethical Considerations</td>
<td>*read the info regarding the 7th day extension given to all.</td>
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<td></td>
<td>Readings: Revel-Textbook</td>
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<td></td>
<td>Chapter 2 Historical and Contemporary Views of Abnormal Behavior</td>
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<tr>
<td><strong>Week 2:</strong></td>
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</table>
| Week 2: | Lecture: View and read chapters - (in Week 2) Panic and Anxiety Disorders  
Mood Disorders  
Readings: Revel | Assignment 2: Submit by 11:00 pm Day 7. Go to Week 2 for Assignment template and instructions.  
Discussion 2: Submit initial post by Day 4 and respond to 2 classmates by Day 6. Go to Week 2 for Discussion prompt.  
Work on Final Project. Due in Week 5. Go to Week 5 and Resources sections for more details. |
| Week 3: | Lecture: View and read chapters - (in Week 3) Psychotic Disorders Cognitive Disorders  
Readings: Revel | Assignment 3: Submit by 11:00 pm Day 7. Go to Week 3 for Assignment template and instructions.  
Discussion #3: Submit initial post by Day 4 and respond to 2 classmates by Day 6. Go to Week 3 for Discussion prompt.  
Work on Final Project. Due Week 5. Go to Week 5 and Resources sections for more details. |
| Week 4: | Lecture: View and read chapters - (in Week 4) Personality Disorders  
Readings: Revel | Assignment 4: Submit by 11:00 pm Day 7. Go to Week 4 for Assignment template and instructions.  
Discussion 4: Submit initial post by Day 4 and respond to 2 classmates by Day 6. Go to Week 4 for Discussion prompt.  
Work on Final Project. Due Week 5. Go to Week 5 and Resources sections for more details. |
| Week 5: | | |
| Lecture: View and read lecture - (in Week 5) | Final Comprehensive Exam due by day 7 |
| Disorders of Childhood and Adolescence | Final Project Submit by 11:00 pm Day 7 11:00 pm. Go to Week 5 and Resource sections for directions, rubric, and other information. |
| Readings: Revel | Discussion #5: Submit initial post by Day 4 and respond to 2 classmates by Day 6. Go to Week 5 for Discussion prompt. |

### COVID-19 Statement

As we begin the new academic year, the COVID-19 virus that has challenged us since 2020 persists. Important differences in outcomes are observed, however, as safe and effective vaccines and therapeutic agents that reduce the risk of severe illness are now available. Consequently, we anticipate that our campus community will continue to be impacted by the virus and we encourage all faculty, staff, and students to practice individual safety protocols at their discretion.

We recommend good personal hygiene practices including regular handwashing and/or use of hand sanitizing products when soap and water are not readily available. Please show respect to those who choose to practice social distancing measures and wear face coverings.

Vaccines are available to those who seek them throughout the region and at the Student Health Center. Please self-screen for any signs or symptoms of COVID-19 and seek medical attention if you begin to feel ill.

### Academic Continuity Policy

In the event of an announced campus closure in excess of four days due to a hurricane or other disaster, students are expected to...
check Lamar University’s website and login to LU Connect for instructions about continuing courses remotely.

**Academic Honesty Policy**

Lamar University expects all students to engage in academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in their academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action.

The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion, and the abuse of resource materials.

All persons involved in academic dishonesty will be disciplined in accordance with University regulations and procedures. Discipline may include failure of the assignment and/or course up to suspension or expulsion from the university. The penalty may vary by instructor.

Additional information is available on the [Academic Policy website](https://students.lamar.edu/academic-support/academic-policies.html).

**Attendance Verification**

Students must complete an Attendance Verification Quiz for ALL COURSES - both on-campus and online - in which they are enrolled each term by the third class day to comply with U.S. Department of Education attendance requirements. Failure to complete this quiz by the deadline may result in loss of course enrollment and/or financial aid. The quiz is located in EVERY COURSE through LULearn (Blackboard), even if the course meets on campus.

**Course Drop Policy**

Students may drop a course and receive a grade of "Q" during the penalty-free period of the semester or session. For drops after this penalty-free period, grades are recorded as "Q" or "F," indicating the student was passing or failing at the time of the drop. A grade of "Q" may not be assigned unless an official drop has been processed through the Records Office. Students may drop a course online up to the census day by logging into Self-Service Banner. After the census day, courses must be dropped through the Records Office. For additional help, contact the academic advisor or the Records Office at registration@lamar.edu. Students may not drop a course during the last 20 percent of the term. Students should check the academic calendar at [https://www.lamar.edu/academic-calendar](https://www.lamar.edu/academic-calendar) for specific dates.

**Students with Disability Policy**

Lamar University is committed to providing equitable access to learning opportunities for all students. The Accessibility Resource Center (ARC) is located in the Communication building, room 105. Office staff collaborate with students who have disabilities to provide and/or arrange reasonable accommodations.

If you have, or think you may have, a disability (e.g. mental health, attentional, learning, chronic health, sensory, or physical), please contact the ARC at 409-880-8347 or arc@lamar.edu to arrange a confidential appointment with the Director of the ARC to explore possible options regarding equitable access and reasonable accommodations.

If you are registered with the ARC and have a current letter requesting reasonable accommodations, we encourage you to contact your instructor early in the semester to review how the accommodations will be applied in the course.

Additional information is available at the [ARC website](http://www.lamar.edu/disability-resource-center/).

**Academic Support**

Academic Support can be located at [https://www.lamar.edu/students/#acad-supp](https://www.lamar.edu/students/#acad-supp).

There are many areas (i. e. Advising, Writing Center, etc.) of academic support. Each area provides their own specific contact information and days and hours of operation.

**Student Services**
Lamar University recognizes that students may experience challenges that hinder success in their academics and/or college experience. We believe in giving all students access to resources that allow them to overcome these challenges. If you are struggling with stress, procrastination, anger management, depression, anxiety, substance abuse and/or eating disorders, please reach out to our counseling professionals at the Student Health Center at 880-8466 to call for an appointment or visit our website https://www.lamar.edu/students/student-engagement/student-health-center/index.html for more information about our services.

Students who face challenges securing food or housing, tuition and/or books and believes this may affect their performance in the course is urged to contact the LU Strong program. The program is located in the Setzer Student Center, Room 230 at 409-880-8458 or at lustrong@lamar.edu Furthermore, please notify your professor if you are comfortable in doing so. This will enable them to provide any additional resources they may possess.

Your information and situation will be treated with the utmost privacy and is protected by Texas law. These services are available to all currently enrolled students at Lamar University and Lamar Institute of Technology.

Information on Student Services can be located at http://students.lamar.edu/index.html. There are many resources (i.e., Course schedules, important phone numbers, etc.) available. Each area provides their own specific contact information and days and hours of operation.

Emergency Procedures

Many types of emergencies can occur on campus; instructions for severe weather or violence/active shooter, fire, or chemical release can be found at the Office of Environmental Health/Safety and Risk Management (https://www.lamar.edu/about-lu/administration/risk-management/index.html) webpage.

Severe Weather

Follow the directions of the instructor or emergency personnel.

Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside.

If you are in a multi-story building and you cannot get to the ground floor, pick a hallway in the center of the building.

Stay in the center of the room, away from exterior walls, windows, and doors.

Violence/Active Shooter

CALL - 7777 from a campus phone (Text 409-241-8002 from a cell phone). Note: Calling 911 from either a campus or cell phone will contact the City of Beaumont dispatch rather than the LU police.

AVOID - If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.

DENY - Barricade the door with desks, chairs, bookcases or any other items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it is safe.

DEFEND - Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.

Copyright Policy Statement

Copyright is defined as the ownership and control of the intellectual property in original works of authorship, which are subject to copyright law. As an institution of higher learning that values intellectual integrity, Lamar University prohibits the distribution of published materials (print or electronic) in violation of copyright law.

LU Connect Portal

Students are asked to obtain a Lamar Electronic Account username and password so they can log onto the LU CONNECT website. Students may get information on how to get into the LU CONNECT website from the University’s homepage (http://www.lamar.edu) by clicking on the LU CONNECT link on the left top corner of the screen.
the steps to secure your LU CONNECT username and password.

LU Learn/Blackboard Learning Management System (LMS)

Students will utilize Lamar University’s Learning Management System (LMS), Blackboard, for online courses. For Blackboard technical support go to https://blackboardsupport.lamar.edu. Phone: 866-585-1738 Phone and chat are available 24/7/365

Exams and quizzes taken within LULearn (Blackboard) may require online proctoring. For additional information about online proctoring, click here and view details under proctoring services.

Network Use

ACCEPTABLE USE

Students must respect the integrity and security of Lamar University computer systems and network, and the privacy and preferences of other users. Responsibility for learning about and complying with Lamar University Acceptable Use Policy ultimately rests with the individual. The network may be used to download, copy, or store any software, shareware, digital media files or freeware, as long as the use complies with copyright law licensing agreements, and campus policies, such as storage space limitations and network bandwidth restrictions. The network may not be used for any activity, or to transmit any material, that violates United States or local laws.

UNACCEPTABLE USE

The network may not be used for commercial purposes. Advertising and sponsorships on Lamar University websites is restricted. In addition, students may not permit other persons to use their usernames, passwords, accounts or disk space, or disclose their usernames, passwords or account information to any third party. Students may not log on to someone else’s account, internet address, or other network codes, or attempt to access another user’s files. Students may not create false or dummy accounts to impersonate someone else. Students may not try to gain unauthorized access (“hacking”) to the files or computer systems of any other person or organization. Students may not impersonate another person by forging e-mail, web pages or other electronic media. Students who maliciously access, alter, delete, damage or destroy any computer system, computer network, computer program, or data will be subject to disciplinary action by Lamar University, and criminal prosecution as well. Students may not disrupt or attempt to disrupt network traffic, and they may not attempt to monitor or capture network traffic in any way. Finally, students may not intentionally create, store, display, print or transmit information that violates the university’s Sexual Harassment Policy.

Netiquette (Online Etiquette) Statement

Please adhere to the same standards of behavior and professional respect online that you would follow in face-to-face communication with others, but most particularly when writing emails and when taking part in collaborative and discussion board activities. Lamar provides access to network resources, including the Internet, in order to support learning and to prepare students for the 21st century world. Students, however, are expected to adhere to the Lamar University Acceptable Use Policies when Using Networks. A more comprehensive student code of conduct can be found at https://students.lamar.edu/academic-support/code-of-conduct.html.

GENERAL GUIDELINES TO RESPECT ALL PARTICIPANTS

- Respect the right of each person to disagree with others.
- Treat people the same as you would face-to-face.
- Respect the time of others.

GUIDELINES WHEN COMMUNICATING WITH OTHERS (EMAIL, DISCUSSIONS, BLOGGING, AND ETC.)

- Always sign your name to any contribution you choose to make.
- Be constructive in your responses to others in the class.
- Do not use all caps (Doing so may be interpreted as shouting).
- Re-read your postings before sending them.
- Always think before you write.
- Respond respectfully.
- Use appropriate grammar and structure.
- Spell-check your postings.
- Use short paragraphs focused on one idea.
- Use appropriate business language at all times.

Technical Support

Technical Support can be located at http://students.lamar.edu/it-services-and-support/index.html.

Phone: 409-880-2222
Email: servicedesk@lamar.edu

Hours of Operation (CST):
Monday - Thursday 7:30 a.m.-12:00 a.m.
Friday 7:30 a.m. - 7:30 p.m.
Saturday 9:00 a.m. - 6:00 p.m.
Sunday 3:00 p.m. - 12:00 a.m.