Meeting Times

This course will take place in an asynchronous online format. Meaning, lecture videos covering each chapter will be prerecorded and posted online in Blackboard (along with corresponding Power Point slides) for students to complete at any given time before the due date outlined in the syllabus. There are no set class times for class attendance in this course, but all assigned videos lectures, assignments, and exams must be completed by the dates outlined in the syllabus.

Contact Information

Professor: Eli Barclay (he/him)

Email: jebarclay@lamar.edu

Office Hours: per request via email

**Email is by far the best way to reach me, please email me at: jebarclay@lamar.edu

***DO NOT attempt to contact me through Blackboard mail. It is is terrible, and I do not check it. If you send something there, assume it will never be seen.

Catalog Description

A study of abnormal behavior. Special emphasis on the symptomatology, etiology and therapeutic approaches.

Course Objectives

By the end of this course, students will be able to do the following:

1. Understand the current classification for mental health disorders and what makes behavior "abnormal".
2. Identify and describe the various psychological disorders.
3. Understand and describe basic etiology for various psychological disorders.
4. Identify and describe current recommendations for treatment for various psychological disorders.
5. Apply course materials to current societal issues and personal experiences.

Student Learning Outcomes

This course will provide an overview of abnormal psychology, including diagnosis, etiology, prevalence and treatment of mental health disorders. This course will cover a wide range of disorders and students will become familiar with the basics of identifying disorders. This course is not intended to prepare students to be able to diagnose mental health disorders but rather to familiarize students with disorders and available treatments. This course will also encourage you to think critically, communicate effectively and develop basic scientific inquiry skills.

Course Materials
To be successful in this course, you will need access to a computer and reliable access to the internet (obviously).

Textbook:
Fundamental of Psychological Disorders
Author: Alexis Bridley & Lee W. Daffin Jr.
Edition: 3rd
(This is a free ebook, links to the chapters you need will be posted in the modules)

Microsoft Office: Students can get a free copy of Office365 from the [LU Connect page](https://luconnect.lamar.edu/).

Course Policies

Please do not send me emails via Blackboard; I will not get them

Attendance
All students are expected to complete all video lectures and assignments by the due date outlined in the syllabus.

Make-up Exams
In general, make-up exams will not be permitted. Make-up exams will only be given at the instructor’s discretion. Do not assume that you will be able to take a make-up exam; it is not guaranteed. The student must initiate a request for a make-up exam within 48 hours of the scheduled testing date. If you do not contact me within this allotted period of time you will NOT be allowed to take a make-up exam. If you desire to take a make-up exam you must provide proof (doctor’s note, etc.) of a serious, unavoidable reason why you missed if you want your request to be considered. Being too tired or hungover does not qualify as serious or unavoidable. *No student will be permitted to take more than one make-up exam.* If permission for a make-up exam is granted: (1) the highest possible score on the exam will be 90% (that is, there is a 10% penalty for missing the scheduled test date), and (2) an alternative version of the exam will be used.

Incomplete Policy
Students should be aware that time and effort will be required to meet the course objectives. Reading the assigned chapter before class, attending class, and taking complete notes is the best way to master the course content (i.e., learn the material) and to prepare for examinations. An "Incomplete" course grade will not be assigned except in extremely unusual circumstances. Please speak with me immediately if you become aware that you may not be able to attend the final exam as scheduled. Although I have not operationally defined "extremely unusual circumstances," I believe that assigning an "Incomplete" course grade typically is not warranted.

Grade Discussions/Disputes
I am happy to discuss your grades and assignments with you throughout the semester, but grading disputes must be addressed within one week of receiving your graded assignment back. I enforce this policy because 1) issues can be more accurately identified and resolved when the assignment is fresh in both my mind and yours and 2) the end of the semester gets as hectic for me as it does for you, and I will not have time to reassess and change grades that were earned in an earlier portion of the semester.

Grading and Assignments

Exams
There will be 3 mandatory exams during the semester. Students are expected to take all exams during the scheduled times outlined in the syllabus. Questions will come from the lecture videos and PowerPoint slides. Exams will consist of multiple-choice items and short-answer items. Exams will be given in Blackboard during the times scheduled in the course syllabus/schedule. There are 3 modules, each covering a certain set of material that is due by a certain date. The exams for each module must be completed by the due date outlined in the course schedule.

For example, Module 1 covers chapter 1, 2, and 3. The due date for Module 1 is July 14th. Therefore, all lecture videos/readings for that module need to be completed by that date, because the exam covering that module will be due on July 14th.
DAM Project
All students are required to complete a project for this course. More information, instructions for completing assignment, and an example project may be found in the 'DAM Project Folder' in Blackboard. The project is due on 08/04/2023.

Grading Scale

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points Possible</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Exam 1 (Ch. 1, 2, &amp; 3)</td>
<td>60</td>
<td>24%</td>
</tr>
<tr>
<td>Exam 2 (Ch. 5, 7, &amp; 8)</td>
<td>60</td>
<td>24%</td>
</tr>
<tr>
<td>Exam 3 (Ch. 9, 12, &amp; 14)</td>
<td>60</td>
<td>24%</td>
</tr>
<tr>
<td>DAM Project</td>
<td>40</td>
<td>16%</td>
</tr>
<tr>
<td>Participation</td>
<td>30</td>
<td>12%</td>
</tr>
<tr>
<td>Total</td>
<td>250</td>
<td>100%</td>
</tr>
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</table>

Table 2: Points earned & letter grades cutoffs

<table>
<thead>
<tr>
<th>Points</th>
<th>Grade</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>225+</td>
<td>A</td>
<td>90%</td>
</tr>
<tr>
<td>200</td>
<td>B</td>
<td>80%</td>
</tr>
<tr>
<td>175</td>
<td>C</td>
<td>70%</td>
</tr>
<tr>
<td>150</td>
<td>D</td>
<td>60%</td>
</tr>
<tr>
<td>&lt;150</td>
<td>F</td>
<td>&lt;60%</td>
</tr>
</tbody>
</table>

Course Subject Outline

(A better copy of the course schedule can be found in the 'Start Here' folder)
<table>
<thead>
<tr>
<th>(07/06)</th>
<th>Introduction to the Course</th>
<th>Review the Syllabus</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>*Watch Introduction Video</td>
</tr>
</tbody>
</table>

**Module 1**

<table>
<thead>
<tr>
<th>(07/06 - 07/14)</th>
<th>Introduction to Abnormality</th>
<th>Watch Lecture Videos - Ch. 1, 2 &amp; 3</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Theories of Abnormality</td>
<td>Read Chapter 1, 2 &amp; 3</td>
</tr>
<tr>
<td></td>
<td>Assessment and Diagnosis</td>
<td>Take Exam 1 (due on: 07/14/2023)</td>
</tr>
</tbody>
</table>

**Module 2**

<table>
<thead>
<tr>
<th>(07/17 - 07/26)</th>
<th>Trauma, OCD, &amp; Anxiety Disorders</th>
<th>Watch Lecture Videos - Ch. 5, 7 &amp; 8</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Mood Disorders</td>
<td>Read Chapter 5, 7 &amp; 8</td>
</tr>
<tr>
<td></td>
<td>Schizophrenia Spectrum Disorders</td>
<td>Take Exam 2 (due on: 07/26/2023)</td>
</tr>
</tbody>
</table>

**Module 3**

<table>
<thead>
<tr>
<th>(07/27 - 08/04)</th>
<th>Personality Disorders</th>
<th>Watch Lecture Videos - Ch. 9, 12 &amp; 14</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Eating Disorders</td>
<td>Read Chapter 9, 12 &amp; 14</td>
</tr>
<tr>
<td></td>
<td>Substance Use Disorders</td>
<td>Turn in DAM Project (due on: 08/04)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Take Exam 3 (due on: 08/04/2023)</td>
</tr>
</tbody>
</table>
**Academic Honesty Policy**

Lamar University expects all students to engage in academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in their academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action.

The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion, and the abuse of resource materials.

All persons involved in academic dishonesty will be disciplined in accordance with University regulations and procedures. Discipline may include failure of the assignment and/or course up to suspension or expulsion from the university. The penalty may vary by instructor.

Additional information is available on the [Academic Policy website](https://students.lamar.edu/academic-support/academic-policies.html).

**Course Drop Policy**

Students may drop a course and receive a grade of "Q" during the penalty-free period of the semester or session. For drops after this penalty-free period, grades are recorded as "Q" or "F," indicating the student was passing or failing at the time of the drop. A grade of "Q" may not be assigned unless an official drop has been processed through the Records Office. Students may drop a course online up to the census day by logging into Self-Service Banner. After the census day, courses must be dropped through the Records Office. For additional help, contact the academic advisor or the Records Office at registration@lamar.edu. **Students may not drop a course during the last 20 percent of the term. Students should check the academic calendar at [https://www.lamar.edu/academic-calendar](https://www.lamar.edu/academic-calendar) for specific dates.**

**Students with Disability Policy**

Lamar University is committed to providing equitable access to learning opportunities for all students. The Accessibility Resource Center (ARC) is located in the Communication building, room 105. Office staff collaborate with students who have disabilities to provide and/or arrange reasonable accommodations.

If you have, or think you may have, a disability (e.g. mental health, attentional, learning, chronic health, sensory, or physical), please contact the ARC at 409-880-8347 or arc@lamar.edu to arrange a confidential appointment with the Director of the ARC to explore possible options regarding equitable access and reasonable accommodations.

If you are registered with the ARC and have a current letter requesting reasonable accommodations, we encourage you to contact your instructor early in the semester to review how the accommodations will be applied in the course.

Additional information is available at the [ARC website](http://www.lamar.edu/disability-resource-center/).

**Academic Support**

Academic Support can be located at [https://www.lamar.edu/students/#acad-supp](https://www.lamar.edu/students/#acad-supp).

There are many areas (i.e. Advising, Writing Center, etc.) of academic support. Each area provides their own specific contact information and days and hours of operation.

**Student Services**

*Lamar University recognizes that students may experience challenges that hinder success in their academics and/or college experience. We believe in giving all students access to resources that allow them to overcome these challenges. If you are struggling with stress, procrastination, anger management, depression, anxiety, substance abuse and/or eating disorders, please*
reach out to our counseling professionals at the Student Health Center at 880-8466 to call for an appointment or visit our website https://www.lamar.edu/students/student-engagement/student-health-center/index.html for more information about our services.

Your information and situation will be treated with the utmost privacy and is protected by Texas law. These services are available to all currently enrolled students at Lamar University and Lamar Institute of Technology.

Information on Student Services can be located at http://students.lamar.edu/index.html. There are many resources (i.e., Course schedules, important phone numbers, etc.) available. Each area provides their own specific contact information and days and hours of operation.

Academic Continuity Policy

In the event of an announced campus closure in excess of four days due to a hurricane or other disaster, students are expected to check Lamar University’s website and login to LU Connect for instructions about continuing courses remotely.

Emergency Procedures

Many types of emergencies can occur on campus; instructions for severe weather or violence/active shooter, fire, or chemical release can be found at the Office of Environmental Health/Safety and Risk Management (https://www.lamar.edu/about-lu/administration/risk-management/index.html) webpage.

Severe Weather

Follow the directions of the instructor or emergency personnel.

Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside.

If you are in a multi-story building and you cannot get to the ground floor, pick a hallway in the center of the building.

Stay in the center of the room, away from exterior walls, windows, and doors.

Violence/Active Shooter

CALL - 7777 from a campus phone (Text 409-241-8002 from a cell phone). Note: Calling 911 from either a campus or cell phone will contact the City of Beaumont dispatch rather than the LU police.

AVOID - If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.

DENY - Barricade the door with desks, chairs, bookcases or any other items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it is safe.

DEFEND - Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.

Copyright Policy Statement

Copyright is defined as the ownership and control of the intellectual property in original works of authorship, which are subject to copyright law. As an institution of higher learning that values intellectual integrity, Lamar University prohibits the distribution of published materials (print or electronic) in violation of copyright law.

LU Connect Portal

Students are asked to obtain a Lamar Electronic Account username and password so they can log onto the LU CONNECT website. Students may get information on how to get into the LU CONNECT website from the University’s homepage (http://www.lamar.edu) by clicking on the LU CONNECT link on the left top corner of the screen. Follow the steps to secure your LU CONNECT username and password.

LU Learn/Blackboard Learning Management System (LMS)
Students will utilize Lamar University's Learning Management System (LMS), Blackboard, for online courses.

For Blackboard technical support go to https://blackboardsupport.lamar.edu.

Phone: 866-585-1738

Phone and chat are available 24/7/365

Exams and quizzes taken within LULearn (Blackboard) may require online proctoring. For additional information about online proctoring, click here and view details under proctoring services.

Network Use

ACCEPTABLE USE

Students must respect the integrity and security of Lamar University computer systems and network, and the privacy and preferences of other users. Responsibility for learning about and complying with Lamar University Acceptable Use Policy ultimately rests with the individual. The network may be used to download, copy, or store any software, shareware, digital media files or freeware, as long as the use complies with copyright law licensing agreements, and campus policies, such as storage space limitations and network bandwidth restrictions. The network may not be used for any activity, or to transmit any material, that violates United States or local laws.

UNACCEPTABLE USE

The network may not be used for commercial purposes. Advertising and sponsorships on Lamar University websites is restricted. In addition, students may not permit other persons to use their usernames, passwords, accounts or disk space, or disclose their usernames, passwords or account information to any third party. Students may not log on to someone else's account, internet address, or other network codes, or attempt to access another user's files. Students may not create false or dummy accounts to impersonate someone else. Students may not try to gain unauthorized access ("hacking") to the files or computer systems of any other person or organization. Students may not impersonate another person by forging e-mail, web pages or other electronic media. Students who maliciously access, alter, delete, damage or destroy any computer system, computer network, computer program, or data will be subject to disciplinary action by Lamar University, and criminal prosecution as well. Students may not disrupt or attempt to disrupt network traffic, and they may not attempt to monitor or capture network traffic in any way. Finally, students may not intentionally create, store, display, print or transmit information that violates the university's Sexual Harassment Policy.

Netiquette (Online Etiquette) Statement

Please adhere to the same standards of behavior and professional respect online that you would follow in face-to-face communication with others, but most particularly when writing emails and when taking part in collaborative and discussion board activities. Lamar provides access to network resources, including the Internet, in order to support learning and to prepare students for the 21st century world. Students, however, are expected to adhere to the Lamar University Acceptable Use Policies when Using Networks. A more comprehensive student code of conduct can be found at https://students.lamar.edu/academic-support/code-of-conduct.html.

GENERAL GUIDELINES TO RESPECT ALL PARTICIPANTS

- Respect the right of each person to disagree with others.
- Treat people the same as you would face-to-face.
- Respect the time of others.

GUIDELINES WHEN COMMUNICATING WITH OTHERS (EMAIL, DISCUSSIONS, BLOGGING, AND ETC.)

- Always sign your name to any contribution you choose to make.
- Be constructive in your responses to others in the class.
- Do not use all caps (Doing so may be interpreted as shouting).
- Re-read your postings before sending them.
- Always think before you write.
- Respond respectfully.
- Use appropriate grammar and structure.
- Spell-check your postings.
Technical Support

Technical Support can be located at http://students.lamar.edu/it-services-and-support/index.html.

Phone: 409-880-2222
Email: servicedesk@lamar.edu

Hours of Operation (CST):
- Monday - Thursday 7:30 a.m.-12:00 a.m.
- Friday 7:30 a.m. - 7:30 p.m.
- Saturday 9:00 a.m. - 6:00 p.m.
- Sunday 3:00 p.m. - 12:00 a.m.

Attendance Verification

Students must complete an Attendance Verification Quiz for ALL COURSES - both on-campus and online - in which they are enrolled each term by the third class day to comply with U.S. Department of Education attendance requirements. Failure to complete this quiz by the deadline may result in loss of course enrollment and/or financial aid. The quiz is located in EVERY COURSE through LULearn (Blackboard), even if the course meets on campus.

COVID-19 Statement

As we begin the new academic year, the COVID-19 virus that has challenged us since 2020 persists. Important differences in outcomes are observed, however, as safe and effective vaccines and therapeutic agents that reduce the risk of severe illness are now available. Consequently, we anticipate that our campus community will continue to be impacted by the virus and we encourage all faculty, staff, and students to practice individual safety protocols at their discretion.

We recommend good personal hygiene practices including regular handwashing and/or use of hand sanitizing products when soap and water are not readily available. Please show respect to those who choose to practice social distancing measures and wear face coverings.

Vaccines are available to those who seek them throughout the region and at the Student Health Center. Please self-screen for any signs or symptoms of COVID-19 and seek medical attention if you begin to feel ill.