Meeting Times

T/TH 9:35 am - 11:00 am
University Theatre

Contact Information

Alan Brincks
Assistant Professor of Acting & Directing
Intermediate Actor Combatant SAFD
Office: Room 215 Theatre & Dance Building
Office Hours: TU/TH 1:00-2:00
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Catalog Description

This course will introduce methods and techniques to apply to an actor's body and the physical creation of a character. This will include Alexander technique, Laban, Michael Chekhov and Commedia Dell'Arte.

Course Objectives

1. To identify the body as a physical instrument of expression and communication for the stage actor/live performer.
2. To expand and refine control of the physical body through ongoing training of the range and efficiency of their movements.
3. To craft and curate skills of expression through the practice of physical vocabulary and intention.
4. To develop methods of communication, collaboration and teamwork by learning basic skills of stage combat.
5. To develop a method of observing, analyzing, and deconstructing movement from the perspective of the individual and the outsider by witnessing and recording daily reflections.

Student Learning Outcomes

Upon successful completion of this course, the student will have:

1. Increased awareness of the body as a tool for physical expression and communication.
2. Expanded and refined control of their physical instrument through ongoing training of the range and efficiency of their movements.
3. Crafted and curated skills of expression and communication through group and individual practice of physical vocabulary and intention.
4. Developed skills of teamwork, collaboration, and communication through stage combat.
5. Formulated a personal method of observing, analyzing, and deconstructing movement from the perspective of the individual and the outsider by witnessing in the form of a personal journal recording the daily experiences.

Course Materials

- A curious mind that is open to exploration and dismisses judgement either of self or of others.
- Attire that enables students to move freely while maintaining modesty.
- A notebook dedicated to reflections from each class to be used as a documentation of each student’s personal journey.

Course Policies

PARTICIPATION/ATTENDANCE:

~ ATTENDANCE in class is mandatory.

~ PARTICIPATION this class is designed to challenge the physical comfort levels and range of your physical instrument as actors. Please commit fully to movement training exercises without judgement of yourself or others. If you have a physical limitation that prevents you from participating in specific exercises and training, let your instructor know immediately so accommodations can be made.

~ If an injury or temporary discomfort (Migrane, Stomach-ache, etc) prevents you from participating fully, I ask you to still attend. Much can be learned by witnessing your ensemble.

~ This course may include exercises that require physical contact. When doing so, be respectful of others. 1. Ask for consent 2. Respect boundaries 3. Speak up if you are uncomfortable.

~ Two absences will result in an automatic lowering of the student’s letter grade by one grade level.

~ Four or more absences will result in removal from the course or failing of the course, depending on the time in the semester. This includes extended absence as a result of illness, etc...
To be on time is to be late. Students should arrive AT LEAST five minutes before class starting time and be prepared to start work immediately at the start of class. Please contact the Instructor if you are a few minutes late to class.

DISRUPTIVE BEHAVIOR:

All cell phones MUST BE TURNED OFF at the beginning of class. Laptop computers may be used to take notes. If you use any electronic devices for purposes not pertaining to class (e.g. text messaging, Social Media, etc.) you will be given a warning. A second instance will result in dismissal from the class.

There is no food or drink allowed in the classroom, except water in a capped bottle.

Different students are likely to have different issues that interest them, different understandings of class materials, and different opinions on a wide range of topics. It is important to the environment of the class that we are able to speak honestly and to disagree openly. It is essential, however, that we do so from a position of respect for each other. Any student who is disrespectful to the instructor, fellow students, or guests (physically or vocally) will be given a warning. A second instance will result in dismissal from the class.

"Disruptive Behavior" generally means conduct that materially and substantially interferes with or obstructs the teaching or learning process in the context of the classroom. Besides the above, disruptive behavior also includes conduct that distracts others in a manner that interferes with instructional activities or fails to adhere to an instructor's classroom rules, such as: excessively arriving late, cell phone ringing in class, talking during lectures, sleeping, using cell phones or computers for anything other than classroom content.

COURSE EVALUATIONS:

Learning is a lifelong journey. I value your feedback, and am always looking for ways to improve. As a result, I encourage you to take advantage of online end-of-semester course evaluations. Please feel free to discuss the course with me throughout the semester as well.

Accreditation Standards

Not Applicable

Grading and Assignments

Evaluation:

28 Attendance & Participation x 10 points each = 280

Individual Daily Journal

90

2 Movement Play Response Papers

40 (20 each)

(Due next class period after shows strike)
2 Movement Research Projects 200 (100 each)

Animal study

Sustained Observed Behavior solo characterization

2 Stage Combat projects 200 (100 each)

Final Self-Evaluation Paper 90

FINAL ETUDE 100

TOTAL= 1000 points

Grading Scale

Breakdown:

1000-900=A
899-800= B
799-700=C
699-600=D
599-0=F

Course Subject Outline

Course Subject Outline:

Acting II: Stage Movement Course Schedule:

AUGUST


SEPTEMBER

9/7: Warm up. Train: STAGE COMBAT. Journal.


9/28: Warm up. TBA. Journal. (TX ETA)

OCTOBER


10/5: Warm up. Share and Assess UNARMED STAGE COMBAT. Journal.


NOVEMBER


11/16: Warm up. TBD. Journal Witness. (Thespians)

11/21: Thanksgiving Break! NO CLASS

11/23: Thanksgiving Break! NO CLASS

DECEMBER

12/5: FINAL 8:00 am-10:30 am MEET TO HAND IN FINAL SELF-EVALUATION AND DISCUSS. Journals Returned.

**Professor Brincks reserves the right to change the schedule at any time. You will be notified of changes in advance via Blackboard email or in class.

Additional Items

Institutional Policies

COVID-19 Statement

As we begin the new academic year, the COVID-19 virus that has challenged us since 2020 persists. Important differences in outcomes are observed, however, as safe and effective vaccines and therapeutic agents that reduce the risk of severe illness are now available. Consequently, we anticipate that our campus community will continue to be impacted by the virus and we encourage all faculty, staff, and students to practice individual safety protocols at their discretion.

We recommend good personal hygiene practices including regular handwashing and/or use of hand sanitizing products when soap and water are not readily available. Please show respect to those who choose to practice social distancing measures and wear face coverings.

Vaccines are available to those who seek them throughout the region and at the Student Health Center. Please self-screen for any signs or symptoms of COVID-19 and seek medical attention if you begin to feel ill.

Academic Continuity Policy

In the event of an announced campus closure in excess of four days due to a hurricane or other disaster, students are expected to check Lamar University’s website and login to LU Connect for instructions about continuing courses remotely.

Academic Honesty Policy

Lamar University expects all students to engage in academic pursuits in a manner that is above reproach. Students are expected to maintain complete honesty and integrity in their academic experiences both in and out of the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action.

The University and its official representatives may initiate disciplinary proceedings against a student accused of any form of academic dishonesty including, but not limited to, cheating on an examination or other academic work which is to be submitted, plagiarism, collusion, and the abuse of resource
All persons involved in academic dishonesty will be disciplined in accordance with University regulations and procedures. Discipline may include failure of the assignment and/or course up to suspension or expulsion from the university. The penalty may vary by instructor.

Additional information is available on the Academic Policy website (https://students.lamar.edu/academic-support/academic-policies.html).

ChatGPT Policy

“Students should not use Artificial Intelligence (AI) regenerative applications to complete course assignments or for any other academic activities unless permitted explicitly by the instructor. AI, or any other machine generated information, should be used as a supplemental resource and should not replace traditional academic activities.”

Attendance Verification

Students must complete an Attendance Verification Quiz for ALL COURSES - both on-campus and online - in which they are enrolled each term by the third class day to comply with U.S. Department of Education attendance requirements. Failure to complete this quiz by the deadline may result in loss of course enrollment and/or financial aid. The quiz is located in EVERY COURSE through LULearn (Blackboard), even if the course meets on campus.

Course Drop Policy

Students may drop a course and receive a grade of "Q" during the penalty-free period of the semester or session. For drops after this penalty-free period, grades are recorded as "Q" or "F," indicating the student was passing or failing at the time of the drop. A grade of "Q" may not be assigned unless an official drop has been processed through the Records Office. Students may drop a course online up to the census day by logging into Self-Service Banner. After the census day, courses must be dropped through the Records Office. For additional help, contact the academic advisor or the Records Office at registration@lamar.edu. Students may not drop a course during the last 20 percent of the term. Students should check the academic calendar at https://www.lamar.edu/academic-calendar (https://www.lamar.edu/academic-calendar) for specific dates.

Students with Disability Policy

Lamar University is committed to providing equitable access to learning opportunities for all students. The Accessibility Resource Center (ARC) is located in the Communication building, room 105. Office staff collaborate with students who have disabilities to provide and/or arrange reasonable accommodations.

If you have, or think you may have, a disability (e.g. mental health, attentional, learning, chronic health, sensory, or physical), please contact the ARC at 409-880-8347 or arc@lamar.edu to arrange a confidential appointment with the Director of the ARC to explore possible options regarding equitable access and reasonable accommodations.
If you are registered with the ARC and have a current letter requesting reasonable accommodations, we encourage you to contact your instructor early in the semester to review how the accommodations will be applied in the course.

Additional information is available at the [ARC website](http://www.lamar.edu/disability-resource-center/).

### Academic Support

Academic Support can be located at [https://www.lamar.edu/students/#acad-supp](https://www.lamar.edu/students/#acad-supp).

There are many areas (i.e. Advising, Writing Center, etc.) of academic support. Each area provides their own specific contact information and days and hours of operation.

### Student Services

*Lamar University recognizes that students may experience challenges that hinder success in their academics and/or college experience. We believe in giving all students access to resources that allow them to overcome these challenges. If you are struggling with stress, procrastination, anger management, depression, anxiety, substance abuse and/or eating disorders, please reach out to our counseling professionals at the Student Health Center at 880-8466 to call for an appointment or visit our website [https://www.lamar.edu/students/student-engagement/student-health-center/index.html](https://www.lamar.edu/students/student-engagement/student-health-center/index.html) for more information about our services.*

Your information and situation will be treated with the utmost privacy and is protected by Texas law. These services are available to all currently enrolled students at Lamar University and Lamar Institute of Technology.

Information on Student Services can be located at [http://students.lamar.edu/index.html](http://students.lamar.edu/index.html). There are many resources (i.e. Course schedules, important phone numbers, etc.) available. Each area provides their own specific contact information and days and hours of operation.

### Emergency Procedures

Many types of emergencies can occur on campus; instructions for severe weather or violence/active shooter, fire, or chemical release can be found at the [Office of Environmental Health/Safety and Risk Management](https://www.lamar.edu/about-lu/administration/risk-management/index.html) webpage.

#### Severe Weather

Follow the directions of the instructor or emergency personnel.

Seek shelter in an interior room or hallway on the lowest floor, putting as many walls as possible between you and the outside.
If you are in a multi-story building and you cannot get to the ground floor, pick a hallway in the center of the building.

Stay in the center of the room, away from exterior walls, windows, and doors.

Violence/Active Shooter

CALL - 7777 from a campus phone (Text 409-241-8002 from a cell phone). Note: Calling 911 from either a campus or cell phone will contact the City of Beaumont dispatch rather than the LU police.

AVOID - If possible, self-evacuate to a safe area outside the building. Follow directions of police officers.

DENY - Barricade the door with desks, chairs, bookcases or any other items. Move to a place inside the room where you are not visible. Turn off the lights and remain quiet. Remain there until told by police it is safe.

DEFEND - Use chairs, desks, cell phones or whatever is immediately available to distract and/or defend yourself and others from attack.

Copyright Policy Statement

Copyright is defined as the ownership and control of the intellectual property in original works of authorship, which are subject to copyright law. As an institution of higher learning that values intellectual integrity, Lamar University prohibits the distribution of published materials (print or electronic) in violation of copyright law.

LU Connect Portal

Students are asked to obtain a Lamar Electronic Account username and password so they can log onto the LU CONNECT website. Students may get information on how to get into the LU CONNECT website from the University’s homepage (http://www.lamar.edu) by clicking on the LU CONNECT link on the left top corner of the screen. Follow the steps to secure your LU CONNECT username and password.

LU Learn/Blackboard Learning Management System (LMS)

Students will utilize Lamar University’s Learning Management System (LMS), Blackboard, for online courses.

For Blackboard technical support go to https://blackboardsupport.lamar.edu.

Phone: 866-585-1738

Phone and chat are available 24/7/365

Exams and quizzes taken within LULearn (Blackboard) may require online proctoring. For additional information about online proctoring, click here and view details under proctoring services.
Network Use

ACCEPTABLE USE

Students must respect the integrity and security of Lamar University computer systems and network, and the privacy and preferences of other users. Responsibility for learning about and complying with Lamar University Acceptable Use Policy ultimately rests with the individual. The network may be used to download, copy, or store any software, shareware, digital media files or freeware, as long as the use complies with copyright law licensing agreements, and campus policies, such as storage space limitations and network bandwidth restrictions. The network may not be used for any activity, or to transmit any material, that violates United States or local laws.

UNACCEPTABLE USE

The network may not be used for commercial purposes. Advertising and sponsorships on Lamar University websites is restricted. In addition, students may not permit other persons to use their usernames, passwords, accounts or disk space, or disclose their usernames, passwords or account information to any third party. Students may not log on to someone else’s account, internet address, or other network codes, or attempt to access another user’s files. Students may not create false or dummy accounts to impersonate someone else. Students may not try to gain unauthorized access ("hacking") to the files or computer systems of any other person or organization. Students may not impersonate another person by forging e-mail, web pages or other electronic media. Students who maliciously access, alter, delete, damage or destroy any computer system, computer network, computer program, or data will be subject to disciplinary action by Lamar University, and criminal prosecution as well. Students may not disrupt or attempt to disrupt network traffic, and they may not attempt to monitor or capture network traffic in any way. Finally, students may not intentionally create, store, display, print or transmit information that violates the university’s Sexual Harassment Policy.

Netiquette (Online Etiquette) Statement

Please adhere to the same standards of behavior and professional respect online that you would follow in face-to-face communication with others, but most particularly when writing emails and when taking part in collaborative and discussion board activities. Lamar provides access to network resources, including the Internet, in order to support learning and to prepare students for the 21st century world. Students, however, are expected to adhere to the Lamar University Acceptable Use Policies when Using Networks. A more comprehensive student code of conduct can be found at https://students.lamar.edu/academic-support/code-of-conduct.html.

GENERAL GUIDELINES TO RESPECT ALL PARTICIPANTS

- Respect the right of each person to disagree with others.
- Treat people the same as you would face-to-face.
- Respect the time of others.

GUIDELINES WHEN COMMUNICATING WITH OTHERS (EMAIL, DISCUSSIONS, BLOGGING, AND ETC.)

- Always sign your name to any contribution you choose to make.
- Be constructive in your responses to others in the class.
- Do not use all caps (Doing so may be interpreted as shouting).
- Re-read your postings before sending them.
- Always think before you write.
- Respond respectfully.
- Use appropriate grammar and structure.
- Spell-check your postings.
- Use short paragraphs focused on one idea.
- Use appropriate business language at all times.

Technical Support

Technical Support can be located at http://students.lamar.edu/it-services-and-support/index.html.

Phone: 409-880-2222
Email: servicedesk@lamar.edu

Hours of Operation (CST):
Monday - Thursday 7:30 a.m.-12:00 a.m.
Friday 7:30 a.m. - 7:30 p.m.
Saturday 9:00 a.m. - 6:00 p.m.
Sunday 3:00 p.m. - 12:00 a.m.